



Think fast and win more. Gamer Grub is a great tasting snack mix packed with select vitamins and neurotransmitters supporting fast cognitive performance. Gamer Grub is scientifically formulated to power your core gaming systems for maximum gaming performance. Eat well and prosper.

Below are the specific component functions in Gamer Grub:

### ***L-Glutamic Acid***

L-Glutamic Acid is involved with synaptic plasticity together with nerve cell data input and output channels. The ion of Glutamic Acid is known as Glutamate. Glutamate is the most abundant excitatory neurotransmitter in the mammalian nervous system. Nerve impulses trigger the release and binding of glutamate among nerve cells.

### ***Choline (as Choline Bitartrate)***

Choline is needed for nerve cell structural integrity, signaling roles for cell membranes, and cholinergic neurotransmission. Neurotransmission is the electrical transmission and routing of data signals in the nervous system. Such data transmission is used to deploy muscle reactions. Choline is a basic element needed to produce neurotransmitters.

### ***Vitamin A (as Betacarotene)***

Visual data signals produced by the conversion of light into nerve impulses in the eye are highly dependent on Vitamin A. These nerve signals are then transmitted to your wetware's CPU (a.k.a. brain) for translation into biological image data formats.

### ***Vitamin E (as Acetate)***

Vitamin E is an antioxidant that helps protect cell membranes. To reduce their energy load, toxins react with other chemicals in your body and interfere with normal cell functioning. Vitamin E minimizes your exposure and resultant cell damage caused by toxins in your body.

### ***Vitamin B3 / Niacin (as Niacinamide)***

The Vitamin B3 / Niacin plays an important role in maintaining muscle tone and promoting the health of the nervous system, eyes, and liver. Vitamin B3 / Niacin is important for normal vision.

## ***Vitamin C (as Ascorbic Acid)***

Vitamin C is a water-soluble vitamin, electron donor and antioxidant that is necessary for normal growth and development. Vitamin C is highly concentrated in the eye and brain nerve endings.

## ***Magnesium***

Magnesium ions are essential to basic nucleic acid chemistry and thus are essential to all cells of living organisms. Magnesium is found predominantly inside cells of body tissues and organs. Magnesium is needed for more than 300 biochemical reactions in the body.

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